

Learn about the online tools that come with your health plan.

It's easy with our “Web Overview eTutorial” at anthem.com

Our “Web Overview eTutorial” is a guide that walks you through all of the helpful tools you could – and should – be using. The guide will explain where you can find these tools and how to use them. It's fun, interactive and anything but boring.

With the “Web Overview eTutorial” you can learn how to:

- Register at anthem.com.
- Check the status of your claims
- Compare cost and quality for common medical procedures.
- Find a doctor.
- Take a health assessment to get an accurate picture of where you stand health-wise.
- Personalize your own health record, where you can keep all of your health information in one place.
- Find discounts on vitamins, health and beauty products, fitness center memberships, weight-loss programs and more. You can even get 20 dollars off at [1-800-Contacts and glasses.com](http://1-800-Contacts-and-glasses.com).

How to get started with our “Web Overview eTutorial”

All you need to do is go to anthem.com and click on “Guided Tour” which is located near the Member Log In box. Then sit back and get ready to learn and have fun, all at the same time.

